



Nursery Information Night

Welcome to Nursery! There is an exciting year awaiting, designed to promote and enhance your child's growth and development. This very important year promises to be one filled with discovery and joy as your child works and plays in an environment that is warm, safe, and stimulating.

I look forward to meeting all your children. All parents are invited to join us the first day so that we can introduce ourselves and take a tour of the classroom.

About Me

My name is Christina Troia. I have been teaching for over 9 years. I received both my Bachelor's and Master's degree from New York Institute of Technology. I am married with three children ages 12, 9 and 7. This is my 4th year teaching at St. Francis de Sales and I am thrilled for a brand new school year! I am excited to get to meet your little one, and I cannot wait to work with you this school year!

School Hours

The A.M. session meets at 8:00 A.M.- 10:45 A.M.

The P.M. session meets from 11:30 A.M.-2:20 P.M.

Students entering Nursery school must be potty trained. Elastic waist pants are highly recommended. Please be advised that belts are discouraged, as it can be very difficult for the children to maneuver.

Our Daily Routine

Throughout the school day, the structure of activities is carefully planned to encourage independence, self-confidence and group cooperation through large group, small group, and one-on-one participation in a variety of hands-on, interactive experiences. The activities will incorporate instruction with developmentally appropriate reading strategies, mathematics, science, social studies, art, fine and gross motor skills, social/emotional skills, and language development.

Our Schedule

- Morning Meeting (Prayers, Pledge, attendance, calendar, story time, letter of the week)
- Music and movement (songs, dance, and nursery rhymes)
- Play center and whole groups (art projects, painting, puzzles, puppets, dramatic play)

Yearly Units

Our Yearly units include: Seasons, Holidays, community helpers, farm animals, all about me, Bible Stories, Nursery Rhymes and more! The alphabet, colors, and numbers will be incorporated throughout the unit.

Snack Fee

This fee is used to purchase snacks and juice. A healthy snack (goldfish, pretzels, crackers, etc.) will be provided for your child.

Parent / Teacher Communication

I believe communication is the key to your child's success and a great parent/teacher relationship. I am happy to announce that Nursery will be using class dojo as our main form of communication on a daily basis. In September, you will receive information on how to join our class. You can choose to receive notifications when we upload pictures, videos, or messages to our class dojo page. If you do send an important message regarding your child during the school day, we asked it be sent within an hour of our class start time. If you do not receive a response it is important to call the office to make sure the message is received. I can also be reached @ ctroia@stfrancisschoolbh.net

Nursery Supply List:

- 1 backpack (large enough to fit a folder)
(no lunch box needed)
- 1 two sided folder with bottom pockets

- Change of clothes (underwear, pants, shirts, socks)
(please send in a large ziplock that is labeled)
- An artist smock or an oversized T-shirt (labeled)
- \$50 snack fee (Cash only) (please send in an envelope with your child's name)
- 2 boxes of baby wipes
- 2 containers of clorox wipes
- 1 can of lysol
- 1 bottle of (non-alcohol) hand sanitizer
- 1 box of 3 oz bathroom cups
- 2 elmer glue sticks
- 1 box of tissues
- 1 roll of paper towels
- 1 box of Large ziplock bags (gallon size)
- 1 box of sandwich size ziplocks

Getting Ready for Nursery

Here are some helpful tips to get your child ready for Nursery School. (parents.com)

- Establish a set schedule
- Stick with morning and bedtime routines
- Take advantage of teachable moments
- Fine-tune fine motor skills
- Set up daily chores
- Make time for reading

Don't over prepare your child; Nursery school is a big step. Try to talk about preschool in a positive upbeat manor.

Be prepared for separation anxiety. Each child responds to separation differently, but always remember your child is loved, and in safe hands.

I look forward to a great year in Nursery with your children!

Christina Troia