St. Vincent de Paul Reflection Questions

Directions: Choose **one** of your service projects to write about. **You must answer question #1.** You then may **choose any three other questions to complete**. Each response should be hand-written or typed in complete sentences and should be a few sentences each. You must complete questions each trimester.

#1 Mandatory

1. Describe the service project. What was the service, the organization, when and how many hours you completed? What were your roles and responsibilities as you undertook this service opportunity?

#2-10 Choose any three questions to answer.

- 2. How did your Christian service project align with the teachings of Jesus and the values of Christianity? What does this service opportunity have to do with what you have already learned or are learning in your religion class?
- 3. What motivated you to participate in this particular service project? Be specific about what made you want to participate in this particular project.
- 4. Reflect on any challenges you encountered during the project. How did you overcome them, and what did you learn from those experiences?
- 5. How did your involvement in the Christian service project impact your relationship with God? Did it deepen your faith or change your perspective on serving others?
- 6. Did your service project change your understanding of the needs and struggles of others? How did this newfound awareness affect you personally?
- 7. Did your participation in this Christian service project inspire you to continue serving others in the future? If so, how do you envision incorporating service into your life moving forward?
- 8. Take a moment to reflect on your personal growth and development throughout the service project. What skills or qualities did you discover or enhance within yourself? What did you learn about yourself?
- 9. How do you think this service project contributed to the well-being of others, your community, or society as a whole?
- 10. Describe any memorable moments or interactions you had with individuals or groups during your community service. Why were these interactions, moments or people so memorable?

The St. Vincent de Paul Christian Service Program LOG AND REFLECTION QUESTIONS

Name:		Class:	
Date	Number of Hours	Name of Service Activity	Supervisor's Signature